

Gare Trail Ottobre.

-2/10 Nembro(Bg), Podone Sky Trail: 25km 1850d+, 16km 1000d+, <https://www.picosport.net/it/podone-skytrail-2022/informazioni/294/>.

-09/10 Saltrio(Va), Orsa Pravello Trail: 30km 2000d+, 16km 1000d+, 8km 500d+;
<https://www.amicidelmonteorsa.com/opt>.

-15/10 Omegna(Vb), Ultra Trail lago d'Orta: 100km 5470d+, 55km 3420d+. 16/10: 31km 1720d+, 18km 1100d+, Trail Wlak & Nordic Walking 19km 880d+(non competitiva); <https://www.ultratraillo.com/>.

-16/10 Gorno(Bg), Val del Riso Trail: 20km 900d+;
<https://fly-up.it/corse/val-del-riso-trail>.

-23/10 Bellagio(Co), Bellagio Sky Race: 28.7km 1850d+, 14,5km 950d+, Mini Sky Race 2,3km 60d+;
<https://www.bellagioskyrace.it/>.

-30/10 Darfo Boario Terme(Bs), Valle dei Segni Wine Trail: 55km 2500d+, 18km 850d+, Sabato 29/10 lago Moro Short Trail 8km 300d+ (non competitiva);
<https://valledeisegniwinetrail.it/>.