

## Gare trail Maggio 2023.

- 06/05, Malcesine(Vr); Malcesine baldo trail: 50km 3355D+, 24km 1194D+, 16km 1185D+(16/05); <https://malcesinebaldotrail.run/>.
- 13/05, Carenno(Lc); Corri al Tesoro: 14,6km 935D+; <https://kronoman.net/races/details/12417/CORRI-AL-TESORO>.
- 14/05, Vertova(Bg); Trail del Segredont: 27Km 2150D+, 18km 1400D+; <http://www.gavvertova.it/>.
- 19/05, Arco(tn); Garda Trail: 62km 3800D+, 44km 2400d+, 30km 1600D+, 11km 600D+; <https://www.gardatrentinotrail.it/>.
- 28/05, Badia Patraglia(Ar): Sacred Forsest Trail: 50km 3000D+, 24km 1500D+, 14km 800D+; <https://www.trailsacredforests.com/>.
- 28/05, Fumane(Vr); Scavalcapastel: 35km 1600D+, 25Km 1200D+, 15km 500D+; <https://www.valporun.it/scavalcapastel/>.
- 04/06, Mercatale Val di Pesa(Fi): Chianti Classico Marathon: 46km 451D+, 21km 450D+, 10km Nordik Walking; <https://www.chianticlassicomarathon.com/>.
- 09/06, Val di Zoldo(BI); Dolomiti Extreme Trail: 103km 7150D+, 72km 5222D+, 55km 3800D+, 22km 1300D+, 11km 700D+, Mini Dxt 2,5km 100D+; <https://www.dolomitiextremetrail.com/index.html>.
- 11/06, Valdilana(Bi); Trail Oasi Zegna: 75km 4500D+, 40km 2000D+, 16km 800D+; <https://www.trailrunningvalsessaera.it/>.