

## Gare Trail Marzo Aprile Maggio 2024.

01/03; Bione(Bs); Monte Prealpa Up&Down: 36h, 24h, 12h, 6h, 3G, Gir Sec; <https://www.bionetrailersteam.it/24h-monte-prealpa-up-down/>.

03/03; Misurina(BI); Misurina Winter Run: 17km 800m D+; <https://www.trecimeexperience.com/>.

03/03; Finale Ligure(Sv); Trail del Marchesato: 60km 3000m D+, 38km 2200m D+, 16km 1000m D+; <https://www.traildelmarchesato.it/#>.

09/03; Gavirate(Va); Campo dei Fiori Trail: 75km 4400m D+, 50km 2800m D+, 38km 2000m D+, 28km 1300m D+, 12km 450m D+; Minitrail; <https://campodeifioritrail.it/>.

10/03; Botta di Sedrine(Bg); Arracabotta: 23km 1400m D+, 13km800m D+; <http://www.arrancabotta.it/>.

16/03; Vicenza; Ultrabericus: 65km 2500m D+;Twin lui e lei 34km 1500m D+/31km 1000m D+, 43km 1500m D+, 21km 700m D+(Urban, Junior, Nordic); <https://ultrabericus.it/ultrabericus-trail>.

24/03; Invorio(No); Trail del Barro: 23km, 11km, percorsi da definire; <https://www.volpinvorio.com/2023/11/17/7-trail-del-barro/>

05/04; Loano(Sv); Maremontana: 55km 3130m D+,37km 2292m D+, 24km 1268m D+, 14km 575m D+; 8km 230m D+ (camminata); <https://maremontana.it/>.

07/04; Plazzago(Bg); LinzoneTrail: 29km, 16km 700m D+; <https://fly-up.it/eventi/linzone-trail/>.

12/04; Bobbio(Pc); Abbots Way: 123km 5700m D+; 60km 2800m D+, 35km 1300m D+; <https://theabbotsway.wordpress.com/>

14/04; Nave(Bs); Tre Santi Trail: 47km 2900m D+, 18km 1200m D+, 7km 330m D+, 800m Avis Bimbo Run; <https://www.3santitrail.it/>.

19/04; Castiglione d'Orcia(Si); Tuscany Crossing: 161km 5320m D+; 103km 3620m D+, 53km 1580m D+, 103km 3500m D+, 53km 1580m D+ (Walk non competitive), 14km 466m D+(non competitiva); <https://www.tuscanycrossing.com/>.

20/04; Navazzo di Gargagnano(Bs); Bvg Trail: 55km 3200m D+, 42,2km 2600m D+, 23km 1050m D+; <https://www.bvgtrail.com/>.

28/04; Maccagno con Pino e Veddasca(Va); Lago Maggiore International Trail: 43km 2260m D+, 24km 1500m D+; <https://lmit.info/>.

05/05; Vertova(Bg); Trail Del Segredont: 27km 2150m D+, 16km 1400m D+; <http://skysegredont.altervista.org/>.